

## TESTIMONY GUIDE

Answer all questions that apply to you (some may not). Avoid naming people, places, organizations or churches. Your responses should be four to five sentences each. When you are ready to record, feel free to change the order of the questions with whatever works best for you.

### I WAS...

Describe the condition of your life/heart before you accepted Christ. Try to include these three elements:

1. Your **belief system** and its origin.  
What did you let yourself believe would be the source of your fulfillment? Where did that belief come from? (*Include the source of your belief—where you grew up, childhood trauma, parents, hanging out with the wrong crowd, culture, etc.*)
2. Describe or talk about the destructive **behavior** that your belief caused. Include some details.
3. Describe the **feeling** that convinced you that something was wrong. How did your actions make you feel?

### THEN JESUS...

Describe the experience or moment of realizing and actually surrendering your life to Christ. Include these three elements:

1. What was your **spiritual condition** before receiving Christ, and what was your understanding about Him? What were the circumstances that led you to find yourself there?
2. Describe what **changed your understanding** about giving your life to Christ. How did God speak to your heart?
3. Describe your **conversion experience**. Take a moment to build the scene. Where were you? Who were you with? How did you feel? What were you thinking? Etc..

### SINCE THEN...

Since you've surrendered your life to Christ, what has changed? Resist the urge to skip your entire journey from the day you received Christ to current day.

1. Describe the **change in your belief system**. Compare your old beliefs and perspectives to your new beliefs and perspectives.
2. Describe the **change in your actions**. Compare your old behaviors to your new behaviors. It's ok to mention things that you still struggle with, are working on, and that are getting better as you continue in your walk with Christ.
3. Describe the **change in your feelings** that have come about by your trust in Christ. Do you view life with more optimism, love, patience, peace? Do you view others differently?

### ENCOURAGEMENT FOR OTHERS

**Finally, briefly encourage others** as if you were sitting down with a friend who was on the verge of making a decision for Christ. What would you tell them to encourage them to trust the Lord?